



ST. KIZITO MIKUMI INSTITUTE OF HEALTH AND ALLIED SCIENCES

P.O. Box 29,

MIKUMI KILOSA, Morogoro Region, Tanzania.

Tel: +255754968018/+225784305936/+255787007270

E-mail address: skmihhas01@gmail.com Website: www.skmihhas.ac.tz

MEDICAL EXAMINATION FORM FOR STUDENTS

Programme Applied For:

☐ Ordinary Diploma in Nursing and Midwifery

☐ Ordinary Diploma in Physiotherapy

Academic Year: _____

A. PARTICULARS OF THE APPLICANT

1. **Full Name:** _____

2. **Date of Birth:** _____

3. **Sex:**

☐ Male

☐ Female

4. **Nationality:** _____

5. **Postal/Residential Address:**

6. **Telephone Number:** _____

7. **Emergency Contact/Next of Kin:** _____

8. **Relationship:** _____

9. **Telephone Number:** _____

B. MEDICAL HISTORY

Please indicate whether the applicant has ever suffered from any of the following conditions:

Medical Condition	Yes	No	Remarks
Tuberculosis	☐	☐	
Asthma	☐	☐	
Epilepsy/Seizures	☐	☐	
Diabetes Mellitus	☐	☐	
Hypertension	☐	☐	
Heart Disease	☐	☐	
Kidney Disease	☐	☐	
Liver Disease	☐	☐	
Chronic Respiratory Disease	☐	☐	

Mental/Psychiatric illness ☐ ☐

Major Surgery ☐ ☐

Serious Accident/Injury ☐ ☐

Any other chronic illness ☐ ☐

Other relevant medical history:

Current medication, if any:

C. PHYSICAL EXAMINATION

1. General Examination

Height: _____ cm

Weight: _____ kg

BMI: _____ kg/m²

General appearance: _____

2. Vital Signs

Temperature: _____ °C

Pulse: _____ beats/min

Respiratory Rate: _____ breaths/min

Blood Pressure: _____ mmHg

SpO₂: _____ %

3. System Examination

System	Findings/Remarks
Cardiovascular System	_____
Respiratory System	_____
Gastrointestinal System	_____
Central Nervous System	_____
Musculoskeletal System	_____
Genitourinary System	_____
Skin	_____
Eyes/Vision	_____
Ears/Hearing	_____
Oral/Dental Health	_____

D. VISION AND HEARING ASSESSMENT

Vision

Right Eye: _____

Left Eye: _____

With/Without Correction: _____

Colour Vision: ☐ Normal ☐ Abnormal

Hearing

Right Ear: ☐ Normal ☐ Impaired

Left Ear: ☐ Normal ☐ Impaired

Remarks: _____

E. LABORATORY/OTHER INVESTIGATIONS

The following investigations may be performed according to institutional requirements and the medical practitioner's assessment:

Investigation	Result	Remarks
Full Blood Count (FBC)	_____	_____
Urinalysis/UPT	_____	_____
Blood Glucose	_____	_____
Other	_____	_____

Additional investigations recommended: _____

F. MEDICAL FITNESS DECLARATION

Following the medical history, physical examination and investigations considered necessary, I certify that:

Name of Applicant: _____

has been medically examined and is:

☐ **MEDICALLY FIT** to undertake the **Ordinary Diploma in Nursing and Midwifery**

☐ **MEDICALLY FIT** to undertake the **Ordinary Diploma in Physiotherapy**

☐ **MEDICALLY FIT WITH RECOMMENDATIONS/RESTRICTIONS**

☐ **NOT CURRENTLY MEDICALLY FIT** to undertake the programme

Medical Remarks/Recommendations _____

G. MEDICAL PRACTITIONER'S DETAILS

Name of Medical Practitioner: _____

Professional Registration Number: _____

Designation: _____

Name of Health Facility: _____

Address: _____

Telephone: _____

Signature: _____

Official Stamp: _____

Date of Examination: _____ / _____ / _____

H. FOR OFFICIAL USE ONLY

Admission/Registration Number: _____

Programme: _____

Academic Year: _____

Medical Form Received: ☐ Yes ☐ No

Verified By: _____

Signature: _____

Date: _____ / _____ / _____

Institutional Stamp: